

INKA JUNGLE TREK

DIFFICULTY
MODERATE BUT ACTIVE

DURATION
4 DAYS / 3 NIGHTS

MAX. ALTITUDE
4,350 M / 14,272 FT

DAY 1 (BIKING: APPROX. 3 HRS • HIKING: APPROX. 45 MIN • RAFTING: APPROX. 2/3 HRS)
CUSCO → OLLANTAYTAMBO → ABRA MÁLAGA → SANTA MARÍA → LA CHOZA

EARLY MORNING ABRA MÁLAGA

Hotel pick-up and drive through the Sacred Valley, stopping briefly in Ollantaytambo before continuing to Abra Málaga (4,350m / 14,272ft)

MORNING BIKING

Receive your bike and safety equipment, then cycle downhill for approximately 3 hours through changing mountain landscapes. Stop in Huamanmarca for lunch

AFTERNOON SANTA MARIA

Continue to Santa María for rafting on Class III–III+ rapids. Those not rafting will continue towards Santa Rosa with an assistant guide

LATE AFTERNOON LA CHOZA

If you are not rafting, visit a local family farm and learn about coffee, coca leaves and chocolate. End the day at La Choza, a peaceful jungle lodge, where you'll spend the night in simple rooms with bunk beds and mattresses



BIKING



RAFTING

INCLUDED



Experienced bilingual guides + safety equipment



Transportation from/to Cusco



Machu Picchu entrance tickets



Mountain bike + helmet and gloves



Rafting + safety equipment



Zipline



3 breakfasts + 3 lunches + 3 dinners



3 nights accommodation



Snacks during the trek



Assistant guide for groups of 11+ passengers



Emergency oxygen available



Standard train from Aguas Calientes to Ollantaytambo

NOT INCLUDED



Personal expenses



Breakfast on Day 1 + lunch and dinner on Day 4



Machu Picchu – Aguas Calientes shuttle bus



Cocalmayo Hot Springs entrance (S/15)



Tips for guides + staff



Huayna Picchu / Machu Picchu Mountain entrance

INKA JUNGLE TREK

TOTAL DISTANCE
95 KM / 59 MI

ACCOMMODATION
LODGES + HOSTEL

GROUP SIZE
15 PEOPLE

DAY 2 (20–22 KM / 12.4–13.7 MI · APPROX. 7 HRS HIKING)
PISPITAYOC → QELLOMAYO → COCALMAYO → SANTA TERESA

EARLY MORNING PISPITAYOC

After breakfast and locally grown coffee, begin hiking along the river and climb towards an original Inca path surrounded by tropical vegetation, orchids and birdlife

MORNING URUBAMBA VALLEY

Enjoy panoramic views over the lower Urubamba Valley before descending approximately 2.5 hours to Qellomayo for lunch and time to relax

AFTERNOON QELLOMAYO AND COCALMAYO

Continue hiking for approximately 3 hours through farms, waterfalls and rivers before reaching the Cocalmayo Hot Springs

EVENING SANTA TERESA

Relax in the natural hot springs before continuing approximately 40 minutes on foot, or by local bus, to Santa Teresa for dinner and overnight

WHAT TO BRING



Backpack (small to medium size)



Suitable shoes for trekking



Layered clothing + warm and waterproof layers



Swimsuit and sandals



Reusable eco-friendly water bottle



Flashlight (we recommend two pairs of batteries)



Sunscreen and insect repellent



Snacks



Toiletries and toilet paper

OPTIONAL



Hot springs (S/.15)



Entrance to Huayna Picchu (\$30) or Machu Picchu Mountain (\$30)



INKA PATH HIKE

INKA JUNGLE TREK

MEALS
9 MEALS INCLUDED

TRANSPORT
BIKE, HIKING, TRAIN + BUS

OVERNIGHTS
1 LODGE + 2 HOSTEL

DAY 3 (10–11 KM / 6.2–6.8 MI · APPROX. 3 HRS HIKING) SANTA TERESA → HIDROELÉCTRICA → AGUAS CALIENTES

MORNING SANTA TERESA

After breakfast, those with a reservation will enjoy the zipline before transferring to Hidroeléctrica. The rest of the group continues through the valley

MIDDAY HIDROELÉCTRICA

Meet the rest of the group at Hidroeléctrica and enjoy lunch before beginning the final hike towards Aguas Calientes

AFTERNOON AGUAS CALIENTES

Hike approximately 3 hours along the railway, passing waterfalls and coca and coffee plantations before arriving in Aguas Calientes

EVENING AGUAS CALIENTES

Check into your hostel and enjoy dinner together, followed by a briefing about the next day's visit to Machu Picchu



RUNKURAKAY

**For travelers doing the morning valley trek instead of the zipline, total hiking time is longer.*

DAY 4 (1.5–2 HRS ASCENT + MACHU PICCHU VISIT)

AGUAS CALIENTES → MACHU PICCHU → OLLANTAYTAMBO → CUSCO

BEFORE DAWN AGUAS CALIENTES

Wake up at approximately 4:00 AM and begin the early ascent through the high forest towards Machu Picchu

MORNING MACHU PICCHU

Enter the citadel and enjoy an approximately 1.5-hour guided visit. Those with advance tickets can then hike Huayna Picchu or Machu Picchu Mountain

LATE AFTERNOON OLLANTAYTAMBO TO CUSCO

After exploring the site, descend independently to Aguas Calientes and arrive at the train station at least 30 minutes before departure. Take the train to Ollantaytambo, followed by your transfer to Cusco. The tour ends at Plaza San Francisco



MACHU PICCHU

Please note: This itinerary is a guide only. Activities, timings and routes may change due to weather, local conditions, availability or the guide's judgment to ensure the best possible experience.